LUNCH

12pm -5pm

1 FLATBREAD or SANDWICH PLUS A DRINK*
ONLY 15.00!

*330ml Coca Cola, 200ml Lemonade, Fruit Juice, 125ml Petit Ballon Wine, Pint Hells Lager

FLATBREAD OR CIABATTA SANDWICH

PANKO CHICKEN TENDERS
Sour Cream + Chive, Spring Onion, Leaf. 12.00 (GF)

HADDOCK GOUJONS
Beer Battered Haddock, Tartare, Leaf 12.00 (GF)

SALMON + PRAWN
Marie Rose, Leaf. 12.00 (GF)

BMTCG
Bacon, Mushroom, Tomato, Cheese, Garlic. 11.75 (GF)

TOFU
Peppers, Onion. 11.25 V+(GF)

CRISPY BEEF
Chilli, Spring Onion, Sesame. 12.50 (GF)

SALADS

SALMON AND PRAWN
Smoked Salmon, Fresh Prawns, Leaf, Lemon and Marie Rose.
GF 13.75

CRISPY BEEF
Leaf, Chilli, Spring Onion, Sesame
GF 13.75

FISH AND CHIPS
Haddock Goujons, Minted Mushy Peas, Chips, Tartare sauce
GF 14.50
add bread and butter 2.50

PAL

Please inform staff of any dietary requirements

FISH

HADDOCK GOUJONS
Tempura Batter, Topped With Tartare. 10.50 GF

TIGER PRAWNS
Corriander, Chilli + Lime Butter. 12.00 GF

GLAZED SALMON SKEWER
Minted Honey Yoghurt, Sesame. 12.25 GF

SALT AND PEPPER KING PRAWNS
Peppers + Onions. 12.25 GF

MEAT

PANKO CHICKEN TENDERS
Sour Cream + Chive, Spring Onion. 10.75 GF

BELLY PORK
Chilli + Lime, Spring Onion. 11.00 GF

GREEK MOUSSAKA
Lamb Mince, Aubergine, Bechamel. 12.50 GF

DUCK PANCAKES
Spring Onion, Cucumber, Hoisin. 12.00

TRUFFLE CHEESEBURGER
Truffle Mayo, Cheese Sauce, Parmesan. 12.50

CRISPY BEEF
Chilli, Sesame, Spring Onion 12.50 GF

HAGGIS BON BONS
Whisky Peppercorn Sauce 11.00 GF

OTHER TASTY SHIZZ

FLATBREAD AND DIPS
Selection of House Dips 5.50 (V+) (GF)

HARISSA CARROTS
Pistachio Cream. 7.50 GF V+

BRUSCHETTA
Cherry Tomatoes, Basil, Lemon, Balsamic Glaze. GF V+ (GF) 7.25

CAULIFLOWER + CHICKPEA CURRY
Chilli, Sesame, Spring Onion. 7.75 V+ GF

BEETROOT GAZPACHO
Garlic + Herb Croutons. 7.25 V+ GF

MOZZARELLA BITES
Buffalo Sauce, Ranch Dressing. 6.75 V GF

TOFU SKEWERS
Peppers, Onion, Chimichurri. 8.00 V+ GF

PAL-TATOES
Chilli Tomato Sauce, Garlic Aioli, Chives 7.00 V+ GF

FRIES
House Salt Mix. 5.25 V+ GF

TRUFFLE AND PARMESAN FRIES
Truffle Oil, Grana Padarno. 5.75 V GF

3 FOR 2
TUESDAY TO THURSDAY
CHEAPEST ITEMS FREE

WITH LOVE
X

PAL

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